

Leadership Mentor & Mentee Meetings

To help you and your mentor get the most out of your mentor sessions you will need to **come prepared for every meeting**. As a student starting these conversations you might feel nervous, but don't worry. Remember your mentor wants to help you!

To prepare for this meeting LEAD/CEL suggests three easy steps if you are stuck or a bit nervous:

#1. Tell Your Story

- Share the deeper story of why you are here and why you are doing LEAD/CEL.

#2. Share Your Observations:

- Be prepared with your Event Credit and Mentor Form filled out and ready to share.

#3. Ask for Advice:

- Ask where they have encountered the day's topic in their professional lives.
- Ask how you might incorporate a lesson or goal you have.