



Do You Want to Make a Difference? Volunteer with Senior Friends!

Become a Senior Friend! Give back to your community by being a Senior Friend to a lonely or socially isolated elder. The experience is rewarding and there's a good chance you'll learn something along the way. Your visits can help someone remain independent and at home.

What is a Senior Friend? Friends help elders who live alone to remain independent and living at home by providing a connection with the community. Friendly visits, going on walks, helping with short errands can make a real difference in a lonely elder's life.

Who can be a Senior Friend? Successful applicants are at least 18, pass a background check, provide 3 references and complete 4 hours of training. Volunteers commit to 4 hours/month for a year.



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