



Master of Education for Practicing Educators

Our program is designed as a part-time program of study. Generally, the core and study-option courses are completed in the first year; students complete their elective courses and culminating experience the second year. The program allows students to embed endorsements into degree programs, should they desire to do so. To meet the needs of students who are employed during the weekday, most courses follow an evening schedule.

Social Emotional Learning Study Option

Description: The Social-Emotional Learning (SEL) study option emphasizes multi-tiered prevention through the promotion of resilience and well-being for both educators and their students. This study option addresses important topics often overlooked in educational areas of study such as mindfulness/mindset, systems change, and collaboration.

Our students include practicing teachers, community college instructors, educational consultants, school support personnel, instructional and behavioral coaches, after school program coordinators, and advisors.

Student learning goals: Upon completion of this study option, graduates will have the ability to:

- Self-regulate (e.g., manage stress) through enhanced self-awareness and emotional intelligence;
- Facilitate the healthy social, emotional, and behavioral development of students;
- Engage in mindful, inclusive, and effective collaborations for the benefit of students;
- Serve as judicious, systemic change agents for the promotion of social justice.

Course Requirements	Course	Credits	Quarter Offered	Course Title
Core Courses (12 Credits)	Courses required for all M.Ed. Candidates in all Study Options			
	T EDUC 501	3	WIN/SUM	Foundations of Education: Policy, Ethics, & Philosophy
	T EDUC 502	3	AUT/SUM	Learning about Learning
	T EDUC 504	3	AUT/SPR/SUM	Understanding Educational Research
	T EDUC 520	3	AUT/SUM	Multicultural Education
Study Option Courses (18 Credits)	Required (18 credits):			
	T EDUC 503	3	WIN/SUM	Educational Measurement
	T EDUC 540	3	AUTUMN	Systems of Prevention and Strategic Support
	T EDUC 542	3	WINTER	Structuring the Classroom for Success
	T EDSP 545	3	WINTER	Introduction to Emotional Behavioral Disabilities
	T EDSP 546	3	SPRING	Collaborative Consultation
	T EDSP 556	3	AUTUMN	Social and Emotional Learning
Culminating Experience (6 Credits)	Winter Quarter: TEDUC 599 ~ Culminating Project Spring Quarter: TEDUC 599 ~ Culminating Project			
Total Credits	36 Credits			