



## Request for 2020-21 Funding Services and Activities Fee Committee

### BUDGET PROPOSAL CONTACT INFORMATION

Department Name: Student Health Services

Create Date: 02/05/2021

Due Date: 02/05/2021

Submitter Name: Cassandra Nichols

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Department Head Approval:

Department Head: Bernard Anderson, Ph.D.

Requested Amount: \$0

## Departmental Information

### STUDENT UTILIZATION

Student Health Services (SHS) is vital for supporting student retention and success by providing preventative care, medical management of acute and chronic illnesses. It is difficult to attend classes and do well academically if students are sick. CHI Franciscan has six Prompt Care clinics that students can access close to their home and/or work. This accessibility is even more important now, while students are taking classes remotely and less likely to physically be on campus as a result of Covid 19 and Governor Inslee's Stay at Home Order. In addition to providing general medical care while they are students, enrolled students are also able to utilize SHS prior to their first term to get MMR immunizations that are required for attendance at UWT. Students in health service majors (e.g., nursing, social work) are able to fulfill required Health Sciences Immunization Protocols.

### CORE VALUES/MISSION ALIGNMENT

Student Health Services aligns with our campus' student goals by providing high quality, accessible, and comprehensive medical care to keep students healthy so they can attend classes and engage on-campus (strengthening persistence to graduation; Student Goal, Indicator A). We also support our Growth goal by developing a community-partner model to increase SHS' capacity and to make health services more accessible to UW Tacoma students whose lives keep them moving throughout the South Sound. By increasing support for health and wellness education, SHS aims to more explicitly align its work with our campus' values for equity and inclusion by working to address system barriers that have resulted in some communities having less knowledge, power, and access to resources that support healthy behaviors, preventative care, and access to resources.

### SAF-FUNDED PROGRAM OR SERVICES GOALS AND OUTCOMES

This past year we aimed to increase visibility and campus partnerships. SHS continues to collaborate with Student Transition Programs, Counseling and Psychological Services, and Disability Resource Services for students to provide health and wellness education for PAC advisors. We continue to work with Partners in Action to Transform Healthcare (PATH) RSO and various UWT Student Affairs and other UWT student support services social media pages to promote UWT student flu clinic. This past year UWT offered covid 19 testing sites on campus for students and the community. We continue to work with academic program administrators and the Registrar's Office about any unique insights they may have about requirements or obstacles students may be facing in meeting health-related requirements that may affect students' enrollment and/or academic progress. The year before last we launched a new web resource to make it easier for incoming students to demonstrate measles immunity. We also worked with SHS to ensure that students who needed these vaccinations (which are required to attend UWT) were able to receive them even before they started classes. The year before last we created a new resource to make the TB screening process easier for students using SHS and the year we worked with SHS to ensure that students in health services related majors, who are required to fulfill the university's Health Sciences Immunization Protocols, were able to do so in a timely and seamless manner.

ASUWT and SAFC have been invaluable partners by sharing student feedback and directing students directly to Dr. Bernard Anderson when they have concerns. Students continue, at times, with a lack of clarity about CHI Franciscan charges that are covered by UWT SHS and their options for paying those uncovered charges. We continue to work with CHI Franciscan about clarifying with students about charges and to ensure that students receive a hard copy document that details services that would not be covered by the university and their costs.

Some specific UWT student support service departments on campus regularly refer students to SHS (e.g., CAPS, DRS), including providing shared, continuity of care, and "wrap around care" services.

Finally, this has been an unprecedented year in health care, given the Covid 19 pandemic. Dr. Bernard Anderson has been the campus "point person" for students who have been concerned about contracting Covid 19 or were positively diagnosed. Faculty and staff were encouraged to refer concerned students to Dr. Anderson who, in turn, was able to contact and work directly with students, assessing their needs, and making appropriate support referrals for students, including referring students to SHS.

### STUDENT UTILIZATION (COMPARISON OVER PAST 2 YEARS)

According to the Student Health Services (SHS) contract, CHI Franciscan is committed to providing data on utilization twice per year: by January 15

(for visits July-December of the prior year) and by July 15 (for visits during the prior academic year). From July 2019 to June 2020, 777 students received services at CHI Franciscan SHS. To make utilization comparisons from past years (using the utilization numbers provided in past SAFC proposal applications), the following are numbers of students seen between June through January. From June 2019 through January 2020, 777 students were seen for services; 816 students in June 2018 through January 2019; and 813 students in June 2017 through January 2018.

**COLLECTION OF FEEDBACK & IMPROVEMENTS**

Receiving timely and easy to analyze service usage data from CHI Franciscan, at times, continues to be a challenge but with the hiring of a UWT Health Promotions professional who can serve as a liaison between UWT and CHI Franciscan, we are optimistic that this will run more smoothly in the future (at the time of this application, this job position was recently posted).

Depending upon whether UWT opens to on campus instruction, remote teaching, or a hybrid of the two, we will partner with ASUWT and CHI Franciscan to host a Student Health Services open house in the fall (which may be an in-person event or an online event, based upon university operations.) The goal will be to educate students about SHS, collect feedback about their health care needs, and experiences using the services. We hope to have a .50 FTE Health Promotions professional hired by Fall 2021, one of the position job responsibilities will be to collect service feedback (e.g., administering a survey to SHS users). With the addition of this new position, we hope to establish a Health and Wellness Advisory Committee that would include UWT students who can provide ongoing recommendations for services and feedback for service improvement based upon students groups they represent and the student experience.

**SERVICE BENEFITS TO STUDENTS**

We know that Student Health Services are important for all universities and colleges for supporting student retention and success by providing preventative care, attending to generalized medical care illness and injuries, and management of acute and ongoing illnesses. Simply put, it is difficult for students to attend and focus in classes and do well academically if they are ill or feeling unwell. At UWT we also know that SHS supports students in fulfilling their required immunizations, whether they are the MMR immunizations to attend university or the Health Sciences Immunization Protocols required of students in health services fields. We also know that it is important for students to have easy and cost effective access to annual flu immunizations. We do not know yet whether CHI Franciscan will play a role in providing Covid 19 testing and vaccinations, but that will be a new avenue that we will be pursuing as we received CDC and Tacoma Pierce County Public Health Department recommendations.

UWT continues to not have a full picture of our students' current knowledge, needs, satisfaction, and behaviors related to health and wellness or SHS specifically. Our plan is that when we hire our Health Promotions professional, this will assist us with further assessing our students' needs and will be able to provide more support for students' health and wellness.

**Staff Budget Requests**

Category	Details	Amount Requested
PERSONNEL TOTAL:		\$0

**Other Budget Requests**

Category	Details	Amount Requested
SUPPLEMENTAL TOTAL:		\$0

PERSONNEL TOTAL:	\$0
SUPPLEMENTAL TOTAL:	\$0
<b>COMPLETE PROPOSAL TOTAL:</b>	<b>\$0</b>

## Supplemental Documents

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### SAFC Proposal - 2021-2022 Student Health Services

Professional Staff	Suggested annual salary is within market value of Health Promotion Specialist/Health Educator at other public universities in the Pacific Northwest, including UWT peer institution.	\$55,000
	Benefits @ 30.3%	\$16,665
<b>PERSONNEL TOTAL</b>		<b>\$71,665</b>

Non-food Supplies & Materials	Marketing Materials	\$5,000
Contracted Services	CHI Franciscan Contracted Services	\$150,000
<b>SUPPLEMENTAL TOTAL</b>		<b>\$155,000</b>

	PERSONNEL TOTAL	\$71,665
	SUPPLEMENTAL TOTAL	\$155,000
<b>COMPLETE PROPOSAL TOTAL</b>		<b>\$226,665</b>

# Health Promotion Specialist/Health Educator

## **UW Tacoma has an outstanding opportunity for a Health Promotion Specialist/Health Educator**

The Health Promotion Specialist/Health Educator will be instrumental in UW Tacoma's efforts to strengthen persistence to graduation and increase students' awareness of and positive behaviors towards life-long health improvement and awareness of the availability and accessibility of resources and supports at UW Tacoma.

Under the supervision of the Director Counseling and Psychological Services, the Health Promotion Specialist/Health Educator will provide leadership and functional responsibility for the planning, development, implementation, and evaluation of campus health promotion, which may include violence prevention, suicide prevention, alcohol and substance abuse reduction, encouragement of health seeking behaviors, and other health-related topics as part of a comprehensive health promotion program operating within a social justice and health equity lens. The Health Promotions Specialist/Health Educator will also be responsible for managing the day-to-day logistics of the external health services partnership (off campus Student Health Services). Additionally, the Health Promotion Specialist/Health Educator will provide Title IX based advocacy for victims of violence who are seeking support and services.

### **Duties and Responsibilities**

#### Program Operations and Management

- Design and conduct campus-wide health promotion using health promotion theory and student development theory, including but not limited to environmental management, social movement, policy development, or social norming.
- Apply principles of health equity to programs, services, and activities sensitive to the diversity of the student population.
- Collaborate with campus and community partners on initiatives, policies and research to develop a comprehensive, multidisciplinary approach to health promotion initiatives.
- Mobilize key stakeholders for collective action to shift the campus culture and environment around health.
- Managing the day-to-day logistics of the external health services partnership (off campus Student Health Services), including addressing student questions/concerns.
- Coordinate and collaborate with other on-campus offices and academic units to identify students in need of services.
- Develop a Peer Educator program that will provide internship opportunities for UWT students who wish to pursue careers in various health-related fields
- Participate in strategic planning, assessment and evaluation of Health Promotion efforts.
- Develops goals and measurable objectives for policies, programs, and services and evaluate effectiveness.
- Propose and manage specific program budgets.
- Stay abreast of best practices, professional literature, and engage in creative and cutting edge practices to bring quality and innovative services and program delivery regarding health and wellness to the campus community in service to UW Bothell/Cascadia students.

#### Outreach and Education:

- Develop and implement outreach and education to increase students' awareness of campus resources and normalize help-seeking behaviors.

- Develop and implement outreach and education to increase faculty and staff awareness of psychosocial and economic barriers to academic success and develop their capacity to support and/or refer students in need.
- Coordinate outreach and educational programs delivered from community partners to UW Tacoma students
- Develop linkages with community partners to bring their services to campus to increase ease of access to students.
- Supervise a health education, undergraduate peer education programming.
- Develop program evaluation methods for assessment of services provided by the office and by outside providers.

#### Victim of Violence Advocacy

- Provide Title IX based advocacy for victims of violence who are seeking support and services

#### Other Duties as Assigned

#### **Required Qualifications:**

- Bachelor's degree in public health, health education, or closely related field
- 2 years of experience in public health, health education, or closely related field
- Excellent interpersonal, oral, written communication and public speaking skills
- Ability to think critically and solve problems, as well as handle multiple projects simultaneously
- Good judgment and ability to handle confidential/sensitive information with discretion
- Demonstrated cultural competence and inclusiveness in working with populations of diverse cultures and identities in addressing issues of diversity, health, and social justice
- Ability to work effectively in collaboration with other administrative units
- Successful completion of a background check

#### **Preferred Qualifications:**

- Master's degree in public health, health education, or closely related field
- Experience in college health
- Experience in program development
- Experience in substance misuse prevention or intervention with college students or adults
- Experience in suicide prevention and stigma reduction with college students or adults
- Familiarity with research and best practices in college health promotion, including those specific to violence prevention, suicide prevention alcohol and substance misuse
- Experience utilizing behavior change theories and models in the development and implementation of evidence-based programs/initiatives
- Proficiency with social media, website editing, databases.
- Experience with providing Title IX based services for victims of violence