# The Relevancy of Gaming Addiction

Mannuel Afalava Pre-Major Dr. Christine Stevens

Global Honors, Center of Equity and Inclusion





#### What is VGA?

- Definition of Video gaming addiction (VGA)
- Current discussion around the diagnosis of VGA
  - More research is still on going
  - DSM-V term it as Gaming disorder
- How is VGA being produced
  - How do gaming developers make it addicting
  - Skinner's Box Theory

### How does VGA affect Korea?

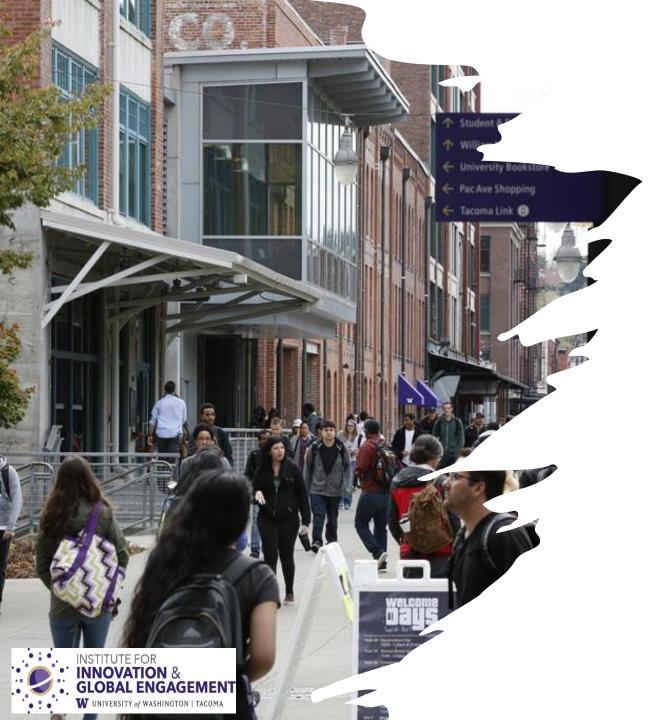
• Emphasis on infrastructure, thus stronger bandwidth

 Socially accepted gaming culture and Esports

- Extreme cases
  - Issued laws and rehabilitation







### How does VGA affect UWT? (Methodology)

- UW Human Subjects Approval
- Issued to the UWT Campus
- Questions aimed towards these goals:
  - Depression (PHQ-4)
  - Video game tendencies (DSM-V)
  - Demographics

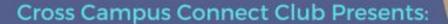
## Results and Demographics

- N= 191 UWT students
- Race, Ethnicity
  - White(114), African-American(19), Asian -American(37), Pacific Islander(4), Latinx(14)
- Gender Identity
  - Male(70), Female(84), Cisgender(15)
- How many had VGA tendencies: 15% met the criteria
- Correlation testing: there is no connection between VGA and Depression
  - within this sample group
- T-Test has revealed that there isn't enough evidence to show a difference between those scanned for addiction and those that are nonaddicted



#### Solutions

- A global diagnosis of VGA
- A global standardized survey
- The positives about gaming
  - C4 organization



#### Game Night

Saturday, May 15 2021 | 8:15pm Zoom Meeting ID: 969 1635 3197 Passcode: kayakers

Play Jeopardy and Gartic Phone with friends!





