

“Art Therapy for Victims of Chronic Illness | The Battered Butterfly”



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WHO?

Patients of Systemic Lupus
Erythematosus (SLE)

Cancer Patients

Approx. *1.5 B* chronic
pain survivors around
the world.

- Chronic Disease victims
- 157m CD victims
- Global Health



Chronic Disease | Emotional turmoil

- First stage w/ 12mo. of Diagnosis
- High rates of depression and suicide
- Trouble coping
- Misrepresented/underrepresented in art mediums
- Fuel **chronic pain stigmas**
- “Remission”



Cancer and SLE patients

Art therapy uses

- Outlets to express emotions

Convey pain, inflammation, discomfort to medical professionals

- Better world for Chronic pain survivors ; accessibility
- See us | Hear us | Feel us



Recommendations

Complementary
Art programs for
treatment

Mindful Art based
therapy | Abstract
healing

- Range of
Mediums ex;
painting, poetry,
film etc.

- 40-60% of victims found transition easier
- Increased understanding of care

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