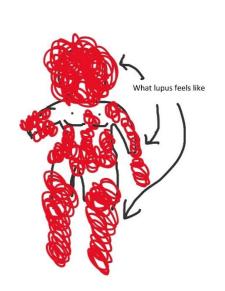
### "Art Therapy for Victims of Chronic Illness | The Battered Butterfly"



Chanise Jackson
Law and Policy
Dr. Dillman
University of Washington | Tacoma







## WHO?

Patients of Systemic Lupus Erythematous (SLE)

**Cancer Patients** 

Approx. *1. 5 B c*hronic pain survivors around the world.

- Chronic Disease victims
- 157m CD victims
- Global Health

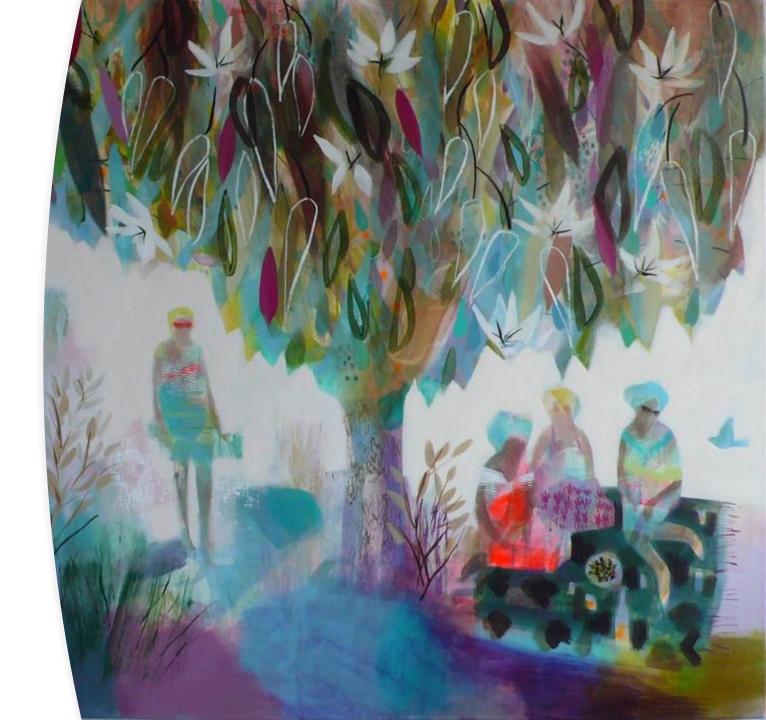




# Chronic Disease | Emotional turmoil

- First stage w/ 12mo. of Diagnosis
- High rates of depression and suicide
- Trouble coping
- Misrepresented/underrepresented in art mediums
- Fuel chronic pain stigmas
- "Remission"





# Cancer and SLE patients Art therapy uses

- Outlets to express emotions
- Convey pain, inflammation, discomfort to medical professionals
- Better world for Chronic pain survivors; accessibility
- See us | Hear us | Feel us





### Recommendations

Complementary
Art programs for
treatment

Mindful Art based therapy | Abstract healing

- Range of Mediums ex; painting, poetry, film etc.

- ➤ 40-60% of victims found transition easier
  - Increased understanding of care



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