THE WELL BEING FOR LIFE AND LEARNING IN NURSING PROJECT
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DEVELOPING ONLINE RESOURCES AND TRAININGS ON SELF-CARE FOR CATHERINE PLACE
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MULTILINGUAL UX COMMUNITY OF PRACTICE
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COMMUNITY-ENGAGED PEDAGOGY COMMUNITY OF PRACTICE
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ALAS: ADOLESCENT LATINAS ADVANCING SALUD MENTAL THROUGH STORYTELLING
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This proposal concerns the dissemination of trauma-informed pedagogies (TIPs) to healthcare and nursing education partners in other institutions in order to build resilience in nursing students before they enter the workplace. Plans for this project are to:
- develop and expand the community of practice with partners
- emerge as a thought leader in this field
- develop a best practices guide
- develop plan to spread the program

The project aims to deliver an online engagement tool that furthers the mission of a local nonprofit to improve the quality of life for women by providing a safe digital space for care providers who have identified their schedules as a barrier to participation in regular Catherine Place activities. The project will:
- Deliver an online program with accessible modules and engaging social media content for the community partner
- Train students into human service professionals and socially responsible designers with opportunities to understand their communities, learn from community partner, and obtain internship opportunities
- Develop as a pilot program for a future collaborative project in developing accessible content to support wellness, self-care, and empowerment to bridge cultural differences

The Designing Language Access Community of Practice (DLACoP) is a coalition of experts in translation, interpretation, language access, community engagement, and design who are working to improve language access for immigrant, refugee, and heritage language speaking communities in the Puget Sound. This group is comprised of local community leaders, civil servants, non-profit professionals, interpreters, translators, language access industry leaders, and scholars from the University of Washington Tacoma and University of Florida. This group represents broad expertise across social work, healthcare, non-profit services, language teaching and literacy, urban design, technology design, policy, human resources, communications, and community relations. This group meets monthly. This group is collaborating to conduct an initial needs assessment to holistically understand and work towards solutions for the continuing barriers to language access in the region.

Explore theories and practices of community-engaged scholarship
Gain an understanding of ethics and practices informing sustainable community-engaged teaching and learning
Expand our circle of partnerships through public scholarship

This project aims to engage a partnership with Proyecto MoLE, a leading Tacoma-based Latino youth program, to develop a youth participatory action research project (YPAR) aimed at promoting mental health, well-being, and support among Latina adolescents in Tacoma. The goals are to
- understand how local Latinas understand mental health and well-being, and the common challenges they face (e.g., academic, familial, and sociopolitical);
- support Latina Youth to develop strategies to diminish the influence of stressors and develop affirming relationships;
- strengthen identity development and healing through storytelling;
- promote self-advocacy and support among Latina youth; and
- create a bridge between the UWT community and Latina teens (and other MoLE youth). Finally, the project will assess these YPAR tools for promoting well-being and empowerment.