

# Understanding the Needs of those Impacted by Incarceration through a Global Lens

Anna Nugent  
Psychology

Dr. Christopher Beasley  
University of  
Washington Tacoma



# Purpose

- The Criminal Justice System
- Disparities, Barriers, and Recidivism
- Incarceration Globally



# Self Determination Theory

## Autonomy

Can choose your life trajectory and a sense of control.

## Competence

Feeling a sense of purpose and pride.

## Community

A sense of belonging and connected with others.

## Impacts

Having these needs met often lead to positive life outcomes .



# Methods

- Qualitative Research
- Participants
- Data Collection
- Data Analysis



# Results

- Stigma
- Importance of Community
- Impacts on mental health
- College Education



# Discussion

- Insights
- Reducing Stigma
- Pathways to a College Education

