

BUDGET PROPOSAL CONTACT INFORMATION

Department Name:

Create Date:

Due Date:

Submitter Name:

UW Email Address:

Phone Number:

Department Head Approval:

Department Head:

Requested Amount:

Departmental Information

STUDENT UTILIZATION

Student Health Services (SHS) remains committed to providing compassionate, convenient and affordable health care services for current students at UWT through the University's current contract with CHI/Franciscan Health. Students can access SHS at five Franciscan Prompt Care locations that are located in communities where our students live and work: downtown Tacoma (at St. Joseph Hospital), Bonney Lake, Burien, Gig Harbor, and Puyallup.

SHS provides care for illness and minor injury as well as preventative medicine and women's health. Office visits are free of charge; during an office visit a health care provider takes students' vitals (blood pressure, temperature, heart rate, etc.), discusses their concerns, performs a physical exam and develops a treatment plan. Some diagnostic tests or treatments that are part of treatment plans may not be covered by SHS. In every situation, CHI Franciscan staff will notify students before performing any procedure that is not paid for by the SHS and will explain students' options for paying costs that are not covered; these options include private insurance, Medicaid and financial assistance. In addition to paying CHI Franciscan for services provided to students in designated clinics, SHS also supports on-campus flu clinics administered by CHI Franciscan and provides for up to 8 hours of psychiatric consultation per month for UW Tacoma students.

In addition to providing general medical care to current students, enrolled students are also able to access SHS prior to their first term to receive the immunizations required for attendance by UW (nursing, social work) are able to fulfill required Health Sciences Immunization Protocols through SHS.

CORE VALUES/MISSION ALIGNMENT

Student Health Services (SHS) is vital for supporting student retention, success, and well-being. SHS aligns with 1. *Advance student success academically, professionally and personally* and 5. *Fostering a climate and culture where we are inspired to do our best work* by providing high quality, accessible and comprehensive medical care to keep students healthy so they can attend classes and engage on-campus. SHS also aligns with 2. *Partnering in advancing strong and diverse communities* by having a community-partner model to increase SHS' capacity and to make health services more accessible to UW Tacoma students whose lives keep them moving throughout the South Sound. Finally, SHS aligns with 4. *Promoting and modeling equity, inclusion and social justice* by working to address systemic barriers that have resulted in some communities having less knowledge, power and access to resources that support healthy behaviors and preventative care and services when they are sick or injured.

SAF-FUNDED PROGRAM OR SERVICES GOALS AND OUTCOMES

Our goal this past year was to increase awareness of SHS and intentional campus partnerships. SHS continues to collaborate with Student Transition Programs, Student Life, Psychological & Wellness Services (PAWS), and Disability Resource Services for Students (DRS) to provide health and wellness education for PAC advisors, Resident Assistants, Student Leaders, and the general student body. We continue to prioritize collaborations with RSOs such as Partners in Action to Transform Healthcare (PATH), National Alliance on Mental Illness on Campus and various UWT Student Affairs and other UWT student support services social media pages to promote UWT student flu clinic and SHS access. This past year, with the hiring of the Health Promotion Specialist, UWT reduced barriers to SHS access and information by reorganizing and clarifying existing webpages and adding webpages, and engaging in a variety of health communication strategies to increase student awareness: Husky 411, the Ledger, emails, flyers, flat screen images, listservs, and social media. Additionally, the Health Promotion Specialist strengthened the relationship between UWT and SHS via regular meetings and strategies to increase visibility of SHS on campus (student flu vaccine clinic, co-facilitating information sessions with VMFH Director of Community Relations). We continue to offer wrap around support by working with academic program administrators and the Registrar's Office on requirements or obstacles students may be facing in meeting health-related requirements that may affect students' enrollment and/or academic progress.

SHS continues to provide access to free immunizations. All UW students satisfy the Tri-Campus Immunization Verification Requirement. Many UWT students do not have health insurance, making access to medical care and vaccinations difficult. Free immunizations remain accessible at SHS, enabling students to meet the requirement while reducing barriers to future course registration and retention.

This has been a challenging year in healthcare, given the COVID-19 pandemic, and students impacted by COVID-19 have been referred to SHS. This accessibility, even while course delivery has been remote and/or hybrid due to University policy, has maintained student access to health care during unprecedented times. We continue to work with SHS on clarifying and educating students about their options for paying for services that are not covered by UWT and we are developing of a hard copy document that details services that would not be covered by the university and their costs.

Some specific UWT student support service departments on campus regularly refer students to SHS (e.g., PAWS, DRS), including providing shared, continuity of care, and "wrap around care" services.

This upcoming year we will continue build relationships with and improve awareness rates and education about SHS, join the American College Health Association for guidance to the Health Promotion Specialist, and implement the National College Health Assessment (NCHA) so that UWT has a significantly clearer understanding of UWT student health concerns. The NCHA data will inform tailored, evidence-based prevention practices that can improve student well-being and encourage students to engage in a conversation around health, well-being, and access to resources such as SHS.

STUDENT UTILIZATION (COMPARISON OVER PAST 2 YEARS)

Usage rates remained constant August through September 2021 with some patients coming back to continue their care plan. January 2022 data shows usage rates are similar to August-September. Services most often used are immunizations and titer testing, sinus and other infections, STI screenings, cold symptoms, psychiatry services, and establishing care with the provider. Student Health Services continues to meet common UWT student healthcare needs with low-barrier access to services. We will continue to work with SHS to collect usage data in efficient and consistent ways.

COLLECTION OF FEEDBACK & IMPROVEMENTS

Receiving timely and easy to analyze service usage data from CHI Franciscan Health, at times, continues to be a challenge, but the UWT Health Promotion Specialist serves as a liaison between UWT and CHI Franciscan Health and has built a stronger rapport with and provides constructive feedback to SHS about ease of data usage, quality of care, and understandability of payment methods for services not covered. The Health Promotion Specialist will collect service feedback (e.g., administering a survey to SHS users) and establish a Health and Wellness coalition or advisory committee that would include UWT students who can provide ongoing recommendations for services and feedback for service improvement based upon students groups they represent, the student experience, and SHS service feedback and NCHA data.

SERVICE BENEFITS TO STUDENTS

We know that Student Health Services and health promotion efforts are important for all universities and colleges for supporting student retention and success by providing preventative care, attending to generalized medical care illness and injuries, and management of acute and ongoing illnesses. UWT recognizes how difficult it is for students to succeed academically if they are ill or feeling unwell. At UWT we also know that SHS supports students in fulfilling their required immunizations, whether they are the MMR immunizations to attend university or the Health Sciences Immunization Protocols required of students in health services fields. UWT continues to not have a full picture of our students' current knowledge, needs, satisfaction, and behaviors related to health and wellness or SHS specifically. The Health Promotion Specialist will assist us with further assessing our students' needs via the NCHA and will be able to implement best practice health promotion efforts to serve students' health and wellness.

Staff Budget Requests

Category	Details	Amount Requested
	PERSONNEL TOTAL:	\$0

Other Budget Requests

Category	Details	Amount Requested
Contracted Services	CHI Franciscan Contracted Services S001	\$150,000
Non-Food Supplies & Materials	SHS Marketing Materials S002	\$5,000
	SUPPLEMENTAL TOTAL:	\$155,000

PERSONNEL TOTAL:	\$0
SUPPLEMENTAL TOTAL:	\$155,000
COMPLETE PROPOSAL TOTAL:	\$155,000

Supplemental Documents
