Student Technology Fee Committee (STFC)
Annual Allocation Request

Date Created: 2022-03-18 10:46:46  Date Due: 2022-03-18 12:01:00  Date Submitted: 2022-03-18 10:58:58

Request Title: Health Promotion Presentation Laptop
Request Description: This request is for a laptop to be used for Health Promotion/Health Education workshops, presentations, and programming by the UWT Health Promotion Specialist.

Department Name: Psychological & Wellness Services
Contact Names: Cassandra Nichols, Ph.D.
UWT Email Address: cnicho2@uw.edu
Title of Request: Health Promotion Presentation Laptop
Department Head Approval: ✔
Department Head: Bernard Anderson, Ph.D.

Annual Request Information

1. Background: Review and discuss the context of the proposed technology in detail. Explain how this proposal will be used in conjunction with an original proposal or existing technology. If applicable, how is the current technology disabled or inadequate?

Psychological and Wellness Services (PAWS) is submitting a proposal for the 2022-2023 academic year for a laptop for health promotion efforts. This proposal is not in conjunction with an original proposal or existing technology. For the first time, UW Tacoma has a health promotion specialist whose mission is to enhance student health and well-being using evidence-based strategies in the prevention areas of substance misuse, suicide, and sex- and gender-based violence (SGBV). As such, the Health Promotion Specialist will use the laptop to deliver health education and health promotion initiatives to UWT students and student groups across campus to enhance well-being and maintain compliance with state and federal law.

2. Benefit to Students: Discuss how students have benefited from the original proposal, if applicable. How will additional funding of the technology benefit students? If this was an unforeseen technology need, discuss how students will benefit from this new proposal and why the need cannot wait for annual allocation funding.
The momentum and needs for more health promotion opportunities for students to engage with is growing as students across campus are engaging in passionate conversations and participating in programs around health and well-being. Funding of the laptop will support meeting the growing need for efforts on campus and the Health Promotion Specialist’s mission to implement prevention best practices to the campus community in the form of awareness and resource campaigns, health education workshops, and events. The laptop will be used in a variety of ways by the Specialist in health promotion efforts: developing and facilitating prevention workshops and trainings, for student engagement at events (student flu vaccine clinics, tabling, etc.), and for student volunteers to use for health promotion efforts as needed. Additionally, a laptop is essential for developing the Drug-Free Schools and Communities Act required Drug and Alcohol Abuse Prevention Program, a program comprised of a variety of evidence-based prevention initiatives intended to prevent student substance misuse; campus-wide suicide prevention trainings; and tailored bystander intervention trainings designed to prevent SBGV in the campus community.

3. Access: Describe who will be using or will have access to the resources being proposed. If the access has changed since an original proposal, be sure to note that here. In addition, all previous requestors, please provide historic data highlighting the usage and accessibility of technology. All new requestors, please provide user need data.

Health promotion efforts are most effective when delivered in the respective dedicated spaces of the students in the audience (e.g., CEI, Court17). The Health Promotion Specialist and potential student volunteers who will be involved in facilitating health promotion efforts to the campus community will be using or have access to the laptop. Facilitating health promotion efforts will benefit from laptop use as it will be more efficient and easier to deliver programs, create more access to non-technology spaces when implementing health education efforts (e.g., Court 17). Students engaging with health promotion efforts can more easily do so in their respective safe spaces and the delivery of efforts will be smoother. The Health Promotion Specialist’s use of laptop will increase campus awareness of health promotion efforts as it will be easier to make efforts more visible around campus as well as having the resources to support more potential student volunteers who want to be involved in health promotion efforts in the next academic year. It is difficult to estimate user need data quantitatively at this time, though the Specialist can expect the laptop to be used at all times during health promotion efforts and workshops.

4. Timeline: Provide a timeline showing how the proposed technology can be completed during the requested period. Describe when you would like to see this proposal initiated and completed, and why.

PAWS will work with IT to purchase the laptop and receive it by summer 2022 in preparation for academic year 2022-2023. This timeline provides adequate time to prepare for the next academic year. The laptop purchase will be done through UWT IT and, as such, we will be able to rely on IT support and service as needed.

5. Resources/Budget: Discuss available financial, personnel and space resources devoted to the proposed technology and level of support. Proposal must detail all the items/resources requested to be purchased. This includes filling out the Item Detail in next section.

The Health Promotion Specialist will oversee use of the laptop. The laptop will be stored in its case and in it’s designated place in the locked Health Promotion area of the PAWS office when not in use. Shipping costs and taxes are included in the budget estimate.

### Funding Request Items

<table>
<thead>
<tr>
<th>Item</th>
<th>QTY</th>
<th>Cost Per Item</th>
<th>Shipping Fee</th>
<th>Tax Per Item</th>
<th>Subtotal</th>
</tr>
</thead>
<tbody>
<tr>
<td>One (1) Latitude 3520 Laptop, 15.6 inches</td>
<td>1</td>
<td>$1,188.84</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$1,188.84</td>
</tr>
<tr>
<td>One (1) Absolute DDS Premium Education/State &amp; Local Gov’t - 5 Yr. Term</td>
<td>1</td>
<td>$95.47</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$95.47</td>
</tr>
<tr>
<td>Laptop Case and Cords</td>
<td>1</td>
<td>$100.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$100.00</td>
</tr>
</tbody>
</table>

**OVERALL TOTAL:** $1,384.31