# **MLK Service & Involvement Opportunities**

MLK Jr. famously said, "Life's most persistent and urgent question is: What are you doing for others?" Respond to that question by getting involved with one or more service and/or educational enrichment opportunities listed below. Bring a friend too!

We have put together a list of service and educational opportunities taking place throughout the week of January 21 to commemorate Martin Luther King's message of service (see below), please register directly via the <a href="MLK Week Catalyst Registration">MLK Week Catalyst Registration</a>, unless otherwise noted. If you have any questions, please contact <a href="uwtsteps@uw.edu">uwtsteps@uw.edu</a> or call (253) 692-4894.

# Monday, January 21, 2013

#### **Shalishan Neighborhood Restoration**

**9:00AM - 1:00 PM UW Tacoma** and **First Creek Middle School Environmental Science Club** are partnering for the 4th Annual MLK Day of Service. Volunteers will participate in the Salishan Neighborhood Restoration from **9:00am-1:00pm**. For more information and/or to sign up, please visit the <u>Green City Partnerships website</u>.

#### **UWT Giving Garden Service opportunity**

#### 9:00AM - 1:00PM - 1700 block of S. Court D. (in alley between Market and Fawcett)

Do you like gardening? Please join us at the UWT Giving Garden January 21st from 9am-1pm to spread mulch, prep the garden beds for spring planting and perform general garden maintenance. 100% of the produce grown in the UWT Giving Garden is donated to our local food banks and young plants are given to our community. If you are interested in getting involved, please contact Kelly Hatfield-Burmaz, UW Tacoma's Giving Garden Coordinator at <a href="mailto:atkmbz9298@uw.edu">atkmbz9298@uw.edu</a>.

# MLK Service & Community Engagement Opportunities (Partners: UW Tacoma & University of Puget Sound) 1:00PM - 4:00 PM

UW Tacoma and the University of Puget Sound have partnered in order to offer 10 afternoon service & community engagement opportunities, such as AIDS Housing Association of Tacoma, L'Arche Farm & Gardens and St. Leo's Backpacks Program. Most of these opportunities occur from 1:00pm-4:00pm. In order to view and sign up for any of these opportunities, please register here.

# Tuesday, January 22, 2013

### **Tacoma Chinese Reconciliation Park Presentation**

#### 12:30PM-1:30PM | UW Tacoma Diversity Resource Center (WCG-104)

This park was created in order to preserve a historical memory of the tragic expulsion of Chinese people from the city of Tacoma in 1885. The park also serves as a model of reconciliation for other communities around the world that have experienced similar events. We invite you to come and hear an informative presentation about the Tacoma Chinese Reconciliation Park by city leaders and park founders from 12:30-1:30pm in WCG-104. Questions? Email <a href="www.uwsteps@uw.edu">uwtsteps@uw.edu</a>.

# Moving King's Dream Forward in Tacoma: A Community Conversation 5:00-6:30pm | UW Tacoma William Philip Hall (WPH)

Join our community conversation! Engage with leaders of Tacoma's Black Collective, an organization addressing issues affecting the Black community of Tacoma and Pierce County. Hear from the

founders of the Black Collective about their work, and what you can do to keep King's dream alive!

In preparation for this community conversation, attendees are encouraged to watch <u>Transforming Tacoma: The Struggle for Civil Rights</u>, this video can be streamed online for free. Alternatively, this film will be publicly screened on UW Tacoma's campus three times during the week of January 14th:

- Tuesday, Jan. 15th | 12:35-1:30pm | Diversity Resource Center (WCG-104)
- Wednesday, Jan. 16th | 12:35-1:30pm | Carwein Auditorium (Keystone 102)
- Thursday, Jan. 17th | 12:35-1:30pm | oUWTpost Lounge (Mattress Factory)

Your RSVP is requested for the Community Conversation on Tuesday Jan. 22nd. Please RSVP via the MLK Week Registration at the top of the page.

# Wednesday, January 23, 2013

#### Bethel Learning Center & Boys and Girls Club 2:00pm-6:00pm | 21818 38th Ave. E, Spanaway, WA, 98387

Sometimes just one meaningful conversation can make a difference in the life of a child. You can have this impact at the South Pierce County Boys & Girls Club. Be someone to care, listen, and share about your college experience. Transportation provided for UW students, faculty, and staff by meeting at MAT-103 in the back of the Mattress building at 1:30pm. Please indicate your transportation plan on the Catalyst Registration. Volunteers will need to complete an application and background check in order to participate. They are available in MAT 103 or via email. Students must turn in this information by Tuesday, January 22nd. Questions? Email: <a href="mailto:vsuwt@uw.edu">vsuwt@uw.edu</a>.

# Thursday, January 24, 2013

#### **Anti-bullying Seminar**

#### 12:40-1:20pm | UW Tacoma Diversity Resource Center (WCG-104)

Bullying is a serious issue, leading to more than 4,400 suicides a year in the U.S., and it doesn't just affect children on the playground either. It can happen to anyone. It can happen in the classroom, online at home, or even at the workplace. It can happen to parents, coworkers, children, and adults, too. It can and does happen and it needs to stop now. Join us on January 24th in the Diversity Resource Center (WCG-104) for discussion, movies, and activities built to help raise awareness and stop bullying for good. Questions? Emailnrogen@uw.edu.

#### **Nonviolent Communication Workshop**

#### 3:30-4:30pm | UW Tacoma, Tacoma Room (GWP-320)

Martin Luther King Jr. challenged all of us to communicate and create change through nonviolent means. In honor of his memory, we are offering an introductory Nonviolent Communication Workshop for all UW Tacoma students, faculty & staff. The concepts and tools of Nonviolent Communication are designed to help us think, listen and speak in ways that increase understanding within ourselves and between each other. Consistently applied, NVC can transform our relationships and organizations, improving productivity in the workplace, and build a stronger community. Questions? Email <a href="mailto:mnharper@uw.edu">mnharper@uw.edu</a>.

# Friday, January 25, 2013

#### **Northwest Harvest Food Bank**

(Shift #1) 8:45am-12:00pm / (Shift #2) 12:45am-3:00pm | 22220 W. Valley Hwy. Kent, WA 98032

Northwest Harvest's mission is to provide nutritious food to hungry people statewide in a manner that respects dignity while fighting to eliminate hunger. Their vision is to provide ample nutritious food

available to everyone in Washington State. UW Tacoma students, faculty and staff are welcome to participate and transportation can be provided by meeting at MAT-103 in the back of the Mattress building at 8am. Please indicate your transportation plan on the Catalyst Registration. Questions? Email: vsuwt@uw.edu.

# Saturday, January 26, 2013

#### **Habitat for Humanity**

9:00am-2:00pm | 8628 S. Ainsworth Ave. Tacoma, WA.

Tacoma/Pierce County Habitat for Humanity serves all of Pierce County through building simple, decent houses in partnership with low-income families. Construction volunteers work alongside Habitat's experienced Site Managers and Crew Chiefs, as well as the families who will actually occupy the homes, to build Habitat's houses. Workers assist in a variety of tasks ranging from framing and roofing to painting and landscaping. No prior experience is necessary. Pierce County regulations restrict children 16 and under from working on construction sites. Questions? Email <a href="mailto:nrogen@uw.edu">nrogen@uw.edu</a>. In order to participate in this opportunity, you must be able to attend a Habitat for Humanity

In order to participate in this opportunity, you must be able to attend a Habitat for Humanity Orientation on Friday, January 18th from 1:00pm-2:00pm in WCG-104