



# Constructive Resistance Through Food Sovereignty in the Occupied Palestinian Territories

Kara Atkinson

Major: History

Advisors: Dr. Peter Grosvenor  
& Dr. Gina Hames

# Research Question:

In what ways do Palestinians resist the Israeli occupation, apartheid, and annexation of Palestinian land?

## Israel's boundaries today

■ Palestinian civil control

■ Built-up Palestinian area



Oslo II Map  
Outlining Areas A, B, and C





# Theoretical Frameworks:



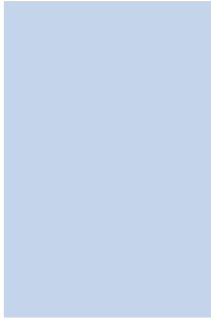
Constructive Resistance –  
Darweish and Rigby (2015)



Five Steps for Building a  
Resilient Palestinian National  
Economy – Hulileh (2019)



Biopower – Foucault (1978,  
2008)



Necropolitics – Mbembe  
(2019)

# Methodology:



Examined oral histories and interviews with Palestinian farmers

Surveyed the impacts of local NGOs vs. international aid

Reviewed projects between the Palestinian government and universities

Evaluated the efforts toward food sovereignty with economic models

# Findings

- Combination of indigenous practices and innovative techniques
- Farms function as educational centers of resistance
- Agriculture and food sovereignty can inhibit land dispossession
- Constructive resistance directly combats necrotization





# Recommendations and Intervention

- Comprehensive mobilization of Palestinian capacities to control resources
- Donor aid from the IC should align with Palestinian needs
- International pressure on Israel to end regime of apartheid
- Innovative agricultural practices are replicable in the developing world

