



The First Day Of Your New Life On This Pristine, Lovely Island

By: Hannah Shea
Psychology Major

Advised by: Professor Alex



INSTITUTE FOR
**INNOVATION &
GLOBAL ENGAGEMENT**
W UNIVERSITY of WASHINGTON | TACOMA



How can the animal crossing community as well as other online communities help with mental health?

Video games and mental health



Gaming Communities

1.) Give a sense of belonging

2.) A way to connect with others

✳3.) Connect with others around the globe



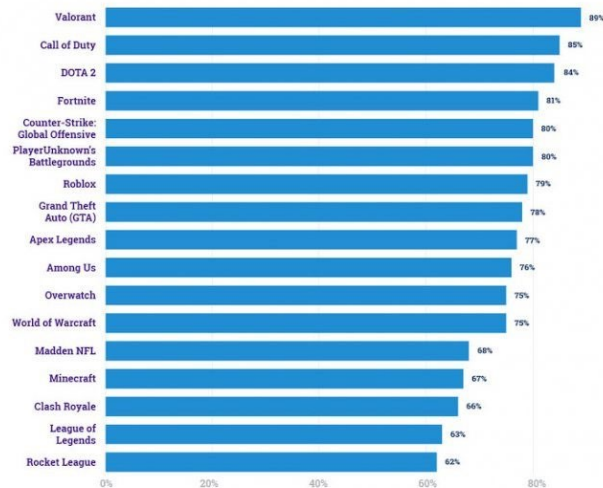
Toxic Side of Gaming Communities



INSTITUTE FOR
**INNOVATION &
GLOBAL ENGAGEMENT**
UNIVERSITY of WASHINGTON | TACOMA

Harassment by Game - Young People (13-17). Q: On which platforms did you experience disruptive behavior in online multiplayer games in the last six months?

Source: Hate Is No Game: Harassment and Positive Social Experiences in Online Games 2021



ADL
FIGHTING HATE FOR GOOD

Online Impact

Animal Crossing's online capabilities

- Discord
- Twitter
- Reddit
- Instagram



Instag



“Being yourself is always in style!”
– Wisp

