

FIRST GENERATION FAMILY FORUM

HAPPY HOLIDAYS!

During the holiday season, the act of receiving help represents the true spirit of compassion and community. Whether it comes in the form of a warm meal from a neighbor, a thoughtful gesture from a friend, or the support of charitable organizations, the generosity that permeates this time of year serves as a reminder of the interconnectedness of humanity. Receiving help during the holidays not only meets immediate needs but also fosters a sense of belonging and shared responsibility. If you find yourself in need of assistance at any time please visit the links below.

Links to local resources

Asia Pacific Cultural Center: Mission based to bridge communities and generations through art, culture, education, and business.

Food is Free Tacoma: Provides and enhances equitable access to healthy, locally produced food at no cost to those who need it in the state of Washington.

<u>**Mi Centro:**</u> Community-based non-profit that works with Latino and Indigenous Native families.

National Alliance on Mental Illness (NAMI): Community-based non-profit organization whose services focus on the concerns of all those affected by mental illness.

<u>Oasis Youth Center</u>: Oasis Youth Center transforms the lives of queer youth by creating a safe place to learn, connect, and thrive.

Tacoma Urban League: Tacoma's home for Black empowerment provides services, training, and advocacy to build social and economic equality..

<u>**Tahoma Indian Center</u>**: Providing for the physical, mental, spiritual, and cultural well-being of the Urban Native population through social and cultural activities in East Tacoma</u>





PLEASE VISIT OUR WEBSITE FOR MORE RESOURCES REGARDING PLANNING FOR POSTSECONDARY PATHWAYS: <u>https://www.tacoma.uw.edu/pre-</u> <u>collegiate</u>



https://www.tacoma.uw.edu/firstgen/we-are-first-generation

FIRST GEN STUDENT SPOTLIGHT



"I came to America about nine years ago, and there were many times I wanted to go back home because there was no support for me in here. But I pushed myself hard, not just for me but for my mom who worked hard to get me here. She's the main reason that I am a leader on campus and in my community"

> **Ahmed Wafai** Finance with a Computing minor

Middle school is a great place to start exploring options for postsecondary educational pathways. It is important to be aware of your choices! This month we will explore **enrollment at 2 year technical and community colleges.**



WHAT IS YOUR 'E'?



PROS OF COMMUNITY COLLEGE

COLLEGE

- Lower cost of attendance than a 4 year college
- Flexibility in the forms of night classes, asynchronous coursework and dualenrollment programs
- When you get an Associate's Degree at a community college, you start as a junior when you transfer to a 4 year university
- 49% of students enrolled in traditional 4 year colleges transferred from a community college.

PROS OF TECHNICAL COLLEGE • Provides practical, specific skills that can offer the necessary

- education to begin a career upon completion of program / certification
- Hands-on programming taught by instructors who are often industry professionals
- Usually does not require general education classes
- Focuses on skills and knowledge needed for certification exams
- Programs are typically shorter which allow for the possibility of entering the workforce sooner

Explore local community and technical colleges here!





ARE YOU READY FOR IT?

Financial Aid Applications are opening soon! The FAFSA and WASFA are expected to open **December 31** so now is the time to prepare.



The first step to financial aid is to create your account. Use the link below to begin.

START HERE

FINANCIAL AID

Not sure which form to fill out? Check out the short video and infographic below to help you decide.

> <u>VIDEO</u> INFOGRAPHIC

WHICH FORM?



Free Application for Federal Student Aid



Gather the following information:

- Student driver's license or state ID
- Student income information : bank statement, W2, pay stub, and a past tax return
- Parent or Guardian financial information
- Additional information such as child support statements, TANF or welfare information, real estate investments, family business or farm info.



UW TACOMA OFFICE OF STUDENT FINANCIAL AID & SCHOLARSHIPS

