#### Curriculum Vitae

# Michelle D. Garner, PhD, ACSW, LICSW

Associate Professor of Social Work University of Washington, Tacoma Box 358425 1900 Commerce Street Tacoma, WA 98402-5825 Phone: (253) 692-4792

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# **EDUCATION**

- Doctor of Philosophy (**PhD**), Social Welfare, UNIVERSITY OF WASHINGTON, June 2007. Dissertation: "Federal Charitable Choice and Faith-Based Initiatives: Do Faith-Based Organizations Pose a Barrier to Services?" committee: Rona Levy, MSW, PhD, MPH (chair), Alan Marlatt, PhD, Mary Larimer, PhD, Karina Walters, MSW, PhD.
- 1998 Masters of Social Work (MSW), UNIVERSITY OF WASHINGTON, Health & Mental Health Concentration, June 1998.
- Bachelor of Arts (**BA**) with High Honors, UNIVERSITY OF CALIFORNIA DAVIS, Psychology, June 1994. Official minor Sociology (20 quarter credits) unofficial minor Business (49 quarter credits agricultural economics).
- 1992 UC Education Abroad Honorary Program, UNIVERSITY OF WOLLONGONG, Australia, 1992.

# HONORS, AWARDS, & CREDENTIALING

- 2014 Equine Assisted Growth And Learning Association Certified (EAGALA), Oct. 2014
- 2013 Faculty Distinguished Community Engagement Award, University of Washington Tacoma
- 2008 University of Washington Institute for Teaching Excellence, selected participant
- 2008 Phi Alpha (National Social Work Honor Society)
- 2006 Nomination for University of Washington Distinguished Staff Award
- 2002 Academy of Certified Social Workers (**ACSW**), National Association of Social Workers, June 2002
- 2001 Licensed Independent Clinical Social Worker (LICSW), Washington State, July 2001
- 1998 Time-Effective Therapy Certificate, UW Social Work Continuing Education, March 1998
- 1996 Recipient of Florence Hammond Endowment Fellowship
- 1996 Recipient of Eugene H. Beebe Scholarship
- 1994 B.A. High Honors, repeatedly Dean's Honor Rolls as undergraduate
- 1993 Psi Chi (National Psychology Honor Society)

# ACADEMIC, RESEARCH, CLINICAL EMPLOYMENT & AFFILIATIONS

9/13 - present	Associate Professor of Social Work (with Tenure, graduate faculty), University of Washington Tacoma
5/12 - 9/14	Scholar Member of the Institute of Translational Health Sciences, supported by multiple national partner institutions and NIH grants: UL 1 RR025014, KL 2 RR025015, and TL RR025015
7/07 - 6/13	Assistant Professor of Social Work (Tenure Track, graduate faculty), University of Washington Tacoma
7/07 - present	Adjunct Faculty: School of Social Work, University of Washington Seattle
9/06 - 6/07	Faculty Integrative Health Program Fellow (UW-Bastyr University interdisciplinary training in theory and evidence for CAM; NCCAM: 5 R25 AT00124-05 & R25 AT000813-05)
9/06 - present	Research Consultant, UW, Addictive Behaviors Research Center
9/06 - 7/07	Acting Assistant Professor of Social Work (Tenure Track), University of Washington Tacoma
12/04 - 9/06	Research Coordinator, UW, Addictive Behaviors Research Center (varied private & NIH grants with PIs: Marlatt, PhD & Larimer, PhD)
2/01 - present	Therapist in private practice, brief psychotherapy
2/01 - 1/05	Researcher (Coordinator, Project Director, Clinical Research Consultant), UW, School of Social Work (NIH, PI: Levy, MSW, PhD, MPH)
2/01 - 8/04	Per Diem, ER Social Worker, Group Health Cooperative
10/99 - 6/01	Research Coordinator, UW, Rehab. Medicine (NIH, PI: Bell, MD)
1/99 - 9/99	Research Coordinator, Harborview Injury Prevention Research Center (NIH, PI: Rivara, MD)
6/98 - 11/99	Interviewer, Seattle Institute of Biomedical and Clinical Research (VA PSHCH)

### **RESEARCH INTERESTS**

I am trained as a social welfare scientist-practitioner and conduct service-level health disparities research. Specifically, my research and scholarship contribute to illuminating and addressing how the processes of health and social services—their organization, systems of delivery, ecological social and physical contexts, content, and provider's qualities and behavior—may affect who enters or stays in services as well as the effectiveness and efficiency of those services. I seek understanding of the ways in which some people are marginalized by existing health and social services, and strive to conceptualize better services through innovation and analysis of available data and theory. Accordingly, my research and scholarship center upon:

• Empirical outcomes evaluation of health and social service programs and novel psychosocial or structural interventions.

▶ Translational science and analytical analyses to conceptualize and improve provider behavior and intervention content for effectiveness at point of services, including preparation of professional social workers, health service providers, and lay community volunteers.

### PEER REVIEWED PUBLICATIONS

- van Tilburg, M. A. L., Levy, R. L., Walker, L. S., Von Korff, M., Feld, L. D., **Garner**, M., Feld, A. D., & Whitehead, W. E. (2015). Psychosocial Mechanisms for the Transmission of Somatic Symptoms from Parents to Children. World Journal of Gastroenterology, 21(18), 5532 5541. doi:10.3748/wig.v21.i18.5532
- **Garner**, M. D. (2012) Advancing discussion of federal faith-based social service policies through overview and application of established health services research policy analysis model. <u>Advances in Social Work</u>, 13(3), 484-509.
- **Garner**, M. D., & Haynes\*, H. (2012). Community Volunteering: A Few Things For You to Know. Community Engaged Scholarship for Health, ISSN 2156-7425. Product ID 7HFN4377. Available at <a href="https://www.CES4Health.info">www.CES4Health.info</a>,  $e^{1}$ - $e^{6}$ , plus submission narrative.
- **Garner**, M. D. (2012). The Social Work Integral Model (SWIM): A tool for conceptualizing the place for religious/spiritual/nonspiritual worldviews in practice. <u>Religion and Spirituality Clearinghouse</u>, a publication of the Council on Social Work Education. *e1-e11*. Available at www.cswe.org.
- Collins, S. E., Malone\*, D. K., Clifasefi, S. L., Ginzler, J., **Garner**, M. D., Burlingham, B., Lonczak, H. S., Dana, E. A., Kirouac\*, M., Tanzer\*, K., Hobson\*, W. G., Marlatt, G. A., & Larimer, M. E. (2012). Housing First for chronically homeless individuals with alcohol problems: Within-subjects analyses of 2-year alcohol trajectories. <u>American Journal of Public Health</u>, 102(3), 511-519. doi: 10.2105/AJPH.2011.300403
- **Garner**, M. D. (2011). Practice reconsidered: The Social Work Integral Model. <u>Families in Society</u>, The Journal of Contemporary Social Services, 92(3), 255-261. doi: 10.1606/1044-3894.4128
- Finn, J., **Garner**, M. D., & Wilson\*, J. (2010). Volunteer and user evaluation of the National Sexual Assault Online Hotline. <u>Evaluation and Program Planning</u>, 34, 266-272. doi: 10.1016/j.evalprogplan.2010.09.002
- Ceglowski, D., Shears, J., Furman, R., & **Garner**, M. (2010). "I want child care he's going to be happy in": A case study of a father's child care experiences, <u>Early Education and Development</u>, 21(1), 1-20. doi: 10.1080/10409280902783467 & 10.1080/1040928.2011.557341
- Larimer, M. E., Malone\*, D. K., **Garner**, M. D., Atkins, D. C., Burlingham, B. B., Lonczak, H. S., Tanzer\*, K, Ginzler, J., Clifasefi, S. L, Hobson\*, W. G., & Marlatt, G. A. (2009). Health care and public service use and costs before and after provision of housing for chronically homeless persons with severe alcohol problems. <u>Journal of the American Medical Association</u>, 301(13), 1349-1357. doi:10.1001/jama.2009.414
- Bowen, S., Chawla, N., Collins, S., Witkiewitz, K., Hsu\*\*, S., Grow\*\*, J., Clifasefi, S., Garner, M., Douglass, A., Larimer, M., & Marlatt, A. (2009). Mindfulness-based relapse prevention

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<sup>\*</sup>Denotes a community partner co-author & \*\* denotes student co-author

- for substance use disorders: A pilot efficacy trial. <u>Substance Abuse</u>, 30, 295-305. doi:10.1080/08897070903250084
- Furman, R., Collins, K., **Garner**, M. D., Montanaro, K. L., & Weber, G. (2009). Using social work theory for the facilitation of friendships. <u>Smith College Studies in Social Work</u>, 79(1), 17-33.
- Levy, R.L., Whitehead, W.E., Walker, L.S., Von Korff, M., Feld, A.D., **Garner**, M., & Christie, D. (2004). Increased somatic complaints and health care utilization in children: Effects of parent IBS status and parent response to gastrointestinal symptoms. <u>American Journal of Gastroenterology</u>, 99(1), 1-10. doi:10.1111/j.1572-0241.2004.40478.x
- Bell, K. R., Esselman, P., **Garner**, M. D., Doctor, J., Bombardier, C., Johnson, K., Temkin, N., & Dikmen, S. (2003). The use of a world wide web-based consultation site to provide support to telephone staff in a traumatic brain injury demonstration project. <u>Journal of Head Trauma Rehabilitation</u>, 18,(6) 504-511.

# WORKS IN PROGRESS

- **Garner**, M. D. The Social Work Integral Model's fit with EPAS Competency Standards and implications for its use.
- **Garner**, M. D. Carpe Diem: 21<sup>st</sup> Century Social Work Scholarship and Education Reconsidered; Being reworked for submission.
- **Garner,** M. D. Services for the homeless: what providers, recipients, and the data say about utilization factors. Ongoing project in analysis & preparation.

#### EDITED BOOKS & TECHNICAL REPORTS

- **Garner**, M. D, Logan\*\*, D. E., Woods\*\*, B. A. (2009). Multiculturalism. In G. L. Fisher & N. A. Roget (Eds), Encyclopedia of Substance Abuse Prevention, Treatment and Recovery (pp 572-578). Thousand Oaks: SAGE Publications.
- Clifasefi, S., Collins, S., Dana, B., **Garner, M.**, Kirouac\*\*, M., Larimer, M., Marlatt, G. A. (2009). Building the bridge. Final report and deliverables of the Housing First Team, a report to Downtown Emergency Service Center.

### PEER REVIEWED ORAL PAPERS

- Garner, M.D., Aguilar, B., & Maddox, S. (2015). "Workshopping What Works: Research, Review, and Collaborative Discussion about What Changes Through Equine Therapy." Equine Assisted Growth and Learning Association 16<sup>th</sup> Annual Conference, "Enriching Everyday Life Through Horses," Davis Conference Center, Layton, UT, March 25-27<sup>th</sup>. (International attendance, peer reviewed proposal, 45 minute oral presented by MDG).
- **Garner,** M. D. (2012). "Using the Social Work Integral Model to teach and measure EPAS competencies." The Council on Social Work Education Annual Program Meeting, Hilton Hotel in Washington, DC, November, 9-12, 2012.

<sup>\*</sup>Denotes a community partner co-author & \*\* denotes student co-author

**Garner,** M. D. (2012). "Contexts suggesting need and opportunities for advanced generalist social work scholars." The Association of Baccalaureate Social Work Program Directors 29<sup>th</sup> Annual Conference, Hilton Hotel, Portland, OR, March 14-19, 2012 (35 minute oral paper).

- **Garner,** M. D. (2011). "Suggestions for ethical social work practice with communities or groups holding heterogeneous religious identities" at the 6<sup>th</sup> North American Conference on Spirituality & Social Work, at Catholic University of America, in Washington, DC, June 23-25, 2011. A conference co-sponsored by the Society for Spirituality and Social Work (USA); the Canadian Society for Spirituality and Social Work; and the Center for Spirituality and Social Work, National Catholic School of Social Service, The Catholic University of America (60 minute oral paper).
- **Garner**, M. D. (2010). "Ethics for 21<sup>st</sup> Century Medicine frameworks, data and implications for ethical conduct" accepted at 20<sup>th</sup> annual conference of The International Society for the Study of Subtle Energies and Energy Medicine, Westminster, CO, June 25-29, 2010 [Note paper accepted but not delivered due to lack of travel funding].
- **Garner**, M. D., Atkins, D., Larimer, M. E. (2009). "Faith-based organization service programs unappealing to some Data from a Pacific Northwest chronic public inebriate population," the International Conference on Spirituality and Social Work, Loyola Marymount University, Los Angeles, CA, June, 18-20, 2009 (60 minute oral paper).
- **Garner**, M. D., (2007). "Thinking Practice: a Trifurcated Awareness Model of Social Work Praxis." Paper presented in the Teaching Methods and Learning Styles track of the Annual Program Meeting of the Council on Social Work Education, Hilton Hotel, San Francisco, CA, October, 27 -31, 2007 (30 minute oral paper).
- Levy, R.L., Whitehead, W.E., Walker, L.S., Feld, A.D., Von Korff, M., & **Garner**, M.D. (2002). Children of women with Irritable Bowel Syndrome (IBS): Evidence for more GI illness behavior. <u>Gastroenterology</u>, 122: A501 # T1668 (*Paper presented* to the annual meeting of the American Gastroenterology Association, San Francisco, 2002).
- Levy, R.L., Whitehead, W.E., Walker, L.S., Feld, A.D., Von Korff, M., & **Garner**, M.D. (2002b). How is illness behavior transmitted between parents with Irritable Bowel Syndrome (IBS) and their children? <u>Gastroenterology</u>, 122, P78 (*Paper presented* to the annual meeting of the American Gastroenterology Association, San Francisco, 2002).
- Levy, R.L., Whitehead, W.E., Walker, L.S., Von Korff, M., Feld, A.D, & **Garner**, M. (2002). Association of children's somatic symptoms and disability days with parental reinforcement of illness behavior. (Abstract # 51) <u>Psychosomatic Medicine</u>, p. 107 (*Paper presented* to the annual meeting of the American Psychosomatic Society, 2002).

### PEER REVIEWED PUBLISHED ABSTRACTS

- **Garner**, M. D., Larimer, M. E., Clifasefi, S., Collins, S., Dana, B., Ginzler, J., Malone, M., & Marlatt, G. A. (2010). Working to Predict Positive Social Connections & Optimism/Future Focus Among Chronic Public Inebriates. <u>Annals of Behavioral Medicine</u>, 39, page S195.
- **Garner**, M. D., Langer, S., Levy, R. L., Walker, L., Whitehead, W. (2005). "I don't want to go to school": Predictors of absenteeism among children of mothers with irritable bowel syndrome. <u>Annals of Behavioral Medicine</u>, 29, page S149. *A Meritorious Student Poster Winner*.

Levy, R.L., Jeffery, R.W., Linde, J., White, C.R., **Garner**, M.D., Feld, K.A., & Whitehead, W.E. (2004). Association between body mass index (BMI) and GI symptoms and BMI and IBS in Obese Patients. <u>Gastroenterology</u>, 126 (Suppl. 2), P-15.

- Levy, R.L., Jeffery, R.W., Linde, J., White, C.R., **Garner**, M.D., Feld, K.A., & Whitehead, W.E. (2004). Association between dieting practices and GI symptoms and IBS among participants in a weight loss program. Gastroenterology, 126 (Suppl. 2), A-370.
- Levy, R.L., Whitehead, W.E., Walker, L., Feld, A.D., VonKorff, M., Christie, D., **Garner**, M.D., White, C.R. (2004). Impact of learned illness behavior on health care costs. <u>Gastroenterology</u>, 126(4 Suppl. 2), A-247.
- Garner, M.D., Levy, R.L., Whitehead, W.E., Walker, L.S., Feld, A.D., Christie, D.L., Von Korff, M. (2003). Measuring the impact of gastrointestinal illness on school attendance. Gastroenterology, 124(4 Suppl. 1), A-532.
- Levy, R.L., **Garner**, M.D., Christie, D.L., Whitsett, S.F., Whitehead, W.E., Walker, L.S., & Feld, A. (2003). Changes in childhood recurrent abdominal pain and parental responses with cognitive behavior therapy. <u>Gastroenterology</u>, 124(4 Suppl. 1), A-530.
- Levy, R.L., Whitehead, W.E., Walker, L.S., Feld, A.D., & Garner, M. (2003). Psychological symptoms of the mother influence whether children with abdominal pain are brought to the pediatrician. <u>Annals of Behavioral Medicine</u>, 25.
- Levy, R.L., Whitehead, W.E., Walker, L.S., **Garner**, M.D., Christie, D.L., Von Korff, M., & Feld, K.A. (2003). Multiple children within a family: Similar responses to GI symptoms? Gastroenterology, 124(4 Suppl. 1), A-528.
- Levy, R.L., Whitehead, W.E., Walker, L.S., **Garner**, M.D., Von Korff, M., Christie, D.L., & Feld, K.A. (2003). Beliefs and coping strategies for GI symptoms: What do children learn from their parents? Gastroenterology, 124(4 Suppl. 1), A-96.
- Palsson, O.S., Whitehead, W.E., Barghout V., Levy R.L., Feld A.D., Von Korff, M., **Garner** M., Drossman, D.A., & Turner, M.J. (2003). IBS severity and health-related quality of life improve with age in women but not in men. <u>American Journal of Gastroenterology</u>, 98(9): S272. doi:10.1111/j.1572-0241.2003.08557.x
- Whitehead, W.E., Palsson, O.S., Levy R.L., Von Korff, M., Feld, A.D., & **Garner** M. (2003). What constitutes standard medical care for irritable bowel syndrome (IBS) in U.S. primary care and gastroenterology clinics? <u>American Journal of Gastroenterology</u>, 98(9): S272-S273. doi:10.1111/j.1572-0241.2003.08558.x

### **INVITED PAPERS AND TALKS**

- **Garner**, M. D. (2011). "Updates on Homelessness in Federal Way and the Reach Out Men's Shelter Program," an invited talk at Twin Lakes Rotary Club, Federal Way, WA, March 3, 2011.
- **Garner**, M D & Malone, D. (2010). "Housing first and harm reduction for chronically homeless persons with severe alcohol problems" invited talk at UMass department of Psychiatry Grand Rounds, Worcester, MA, June 10, 2010.
- **Garner**, M. D. (2010). "Homelessness, Substance Abuse & 1811 Eastlake" invited talk at Franke Tobey Jones Retirement Estates, Tacoma, WA, May 5, 2010.

**Garner,** M. D. (2010). "Housing First for the Chronically Homeless Who Abuse Alcohol" invited talk to the Puget Sound Oncology Nursing Society, Seattle, WA, December 16, 2009.

**Garner**, M. D. (2009). "Homelessness in Federal Way and the Reach Out Men's Shelter Program" invited talk at Twin Lakes Rotary Club, Federal Way, WA, July 30, 2009.

# SPONSORED RESEARCH PARTICIPATION

**5/2009 – 12/2010 Principal Investigator** "Exploring provider and recipient perspectives about services for homeless people." A \$2,500 University of Washington Tacoma Chancellor's Grant to fund transcription of interviews conducted with providers of services to homeless individuals and select residents of a housing first program for individuals who have been homeless and have alcohol abuse disorders.

11/07 – 2/09 Principal Investigator Grant # 63414; "Exploring Multiculturalism of Services"
This Robert Wood Johnson Foundation Substance Abuse Policy Research Program funded study (\$40K) is designed to explore: 1) factors that foster or inhibit housing first and auxiliary service utilization among chronic public inebriates; 2) the impacts upon client service utilization of client's faith, demographics, and perceived trust in the utility of services offered; and 3) client's religious faith in relation to their health and mental health outcomes.

### 12/04 – 9/06 ABRC Research Coordinator, UW Addictive Behaviors Research Center:

7/05 – 9/06. "Housing First: Evaluation of Harm Reduction Housing for Chronic Public Inebriates." Funded by Robert Wood Johnson Foundation grant 053672. PI: Mary E. Larimer, PhD. This study, conducted in partnership with Downtown Emergency Services Center (DESC Seattle, WA), will evaluate the personal effect (change in negative consequences and treatment motivation) and the aggregate tax-payer savings of a novel housing project in which county-identified high public service utilizers (emergency room, sobering center, criminal justice system) are offered housing and services without the requirement of abstaining from alcohol in comparison to case matched controls equally eligible for housing, but for whom housing resources have not yet become available. Role: Project Director/Coordinator: aided in study design and grant proposal then coordination of research, administrative, and personnel aspects of study and providing interviewer and MSW student training and supervision, data analysis, and manuscript preparation.

6/05 – 7/06. "Innovative Approaches to Modeling Alcohol Relapse." Funded by NIH/NIAAA grant 1 R21 AA13942-01. <u>PI</u>: G. Alan Marlatt, PhD. The broad long-term objective of the project is to develop an empirically driven model of alcohol relapse risk factors based on the conceptualization of relapse as a complex phenomenon using data from the Relapse Replication and Extension Project. <u>Role</u>: Research Coordinator: managed administrative reports and budget.

**11/04 – 7/05.** "Tharp Award" private funder's gift to support alcohol research. <u>PI</u>: G. Alan Marlatt, PhD. <u>Role</u>: Research Coordinator aiding in writing of multiple grants and letters of intent with responsibility for NIH 398 forms, budgets, and proposal submissions.

**2/01 – 1/05** Researcher, UW: School of Social Work, Behavioral Medicine Research Group Clinical Research Consultant 9/03 - 1/05; Project Director 6/01 - 9/03; Interventionist/Research Coordinator 2/01 - 6/01.

Main work on NIH grant R01 HD36069 and 5RO1 HD036069 "Intergenerational Transmission of Illness Behavior." PI: Rona Levy, MSW, PhD, MPH. The first grant assessed linkages between mothers with Irritable Bowel Syndrome (IBS) and their children's illness symptoms. The second is a randomized controlled study in partnership with Children's Hospital and Regional Medical Center of Seattle of a cognitive-behavioral and social learning intervention compared to an attention placebo for children with functional recurrent abdominal pain. Role: Progressively responsible roles on several interdisciplinary research projects to include all aspects of intervention study management: Research Tasks - study design; protocol development; grant preparation; human subjects submission and oversight; literature reviews and synthesis; database design; database management; preparation of intervention educational materials; subject recruitment and consent; delivery of clinical intervention (cognitive behavioral therapy); data cleaning, analysis, and publication; Human Subject and NIH status report preparation; manuscript reviewer for several professional journals. Business/Management Tasks – training and supervision of project staff; budget preparation and administration for multiple concurrent NIH grants (including consortium subcontracts from NIH awards for million dollar plus RO1 grants); petty cash and subject incentive checking account reconciliation; staff and subject scheduling; meeting coordination; equipment purchases.

- **10/99 6/01 Research Coordinator/Interventionist**; UW: Dept. of Rehabilitation Medicine. Traumatic Brain Injury Model System's "Telephone Intervention Study." NIDRR funded H133A980023; Grant PI: Sureyya Dikmen, PhD; Telephone study PI: Kathleen Bell, MD. Role: consent; biopsychosocial clinical assessment for triage and intervention (brief therapy & referrals) of study participants; resource identification; monitor of web-based professional consultation site; aiding in protocol development and implementation; database and data management; literature reviews; participation in publications and presentations; and team liaison to outside agencies (e.g., Advisor Board member of WA State Assessment Grant; BIAWA professional meetings); training and supervision of a social work student.
- 1/99 9/00 Research Coordinator/ Interventionist: <u>Harborview Injury Prevention and Research Center; HMC ER;</u> "Youth Injury Prevention Study." <u>PI</u>: Fred Rivara, MD, MPH; funded by NIH to evaluate the efficacy of a 1-session motivational interview regarding risk behavior delivered to injured youth in Harborview's ER (Pacific NW level 1 trauma center & county ER). <u>Role</u>: scientific and human subjects protocol development and intervention delivery.
- **6/98 11/99 Program Assistant**: Seattle Institute of Biomedical and Clinical Research, (VA PSHCS) "Community Residential Care Study." PI: Susan Hendrick, PhD; funded by Hartford Foundation to examine the health status, satisfaction, service use, and costs for local adult family homes, group homes, and assisted living facilities. Role: contact, schedule and interview residents & care-providers.

# ADDITIONAL CLINICAL AND SOCIAL WORK PRACTICE EXPERIENCE

- 2/01 present **Private Coaching and Psychotherapy Practice**: <u>Garner Perspective</u>, <u>NE Seattle Office</u>. Generalist practice, principally brief interventions. Employee Assistance Provider.
- **2/01 8/04 Hospital Social Worker**: (Per Diem); <u>Group Health Cooperative Hospital, Puget Sound locations</u>. Emergency Room, Urgent Care Department, and weekend floor coverage: biopsychosocial assessment, triage and discharge planning to include range of mental and medical hospitalizations, SNF and adult family home placements, brief therapy, family meetings, and community resource referrals.
- 6/97 6/98 Clinical Social Work Practicum: VA, Puget Sound Health Care System, Seattle Hospital. Clinical Role: Social work and interdisciplinary team training in Emergency Room, Addiction Treatment Center, and Social Work Department for biopsychosocial and person-in-the-environment assessment for triage, treatment and treatment planning, discharge planning, and advocacy for mental health

and surgical patients. Prepared and delivered didactic classes on stress management and healthy relationships. Continuous Quality Improvement Role: Supported head of CQI, assisted in organizational development during national VA restructuring by aiding in group process management, teambuilding, literature review, and identification of outcome goals and measurement instruments. For Social Work Services, evaluated structural model for hospital's primary care reorganization, including profession-specific continuing education programs. Participated in Hospital committees on ethics, community relations, minority affairs, and ex-POWs.

# 1/97 – 6/97 Social Work Practicum: Northshore Senior Center, (Bothell, WA)

Northshore is a non-profit organization serving its community and 5,000 members' educational, health, and social needs, maintaining an approximate \$500,000 annual budget. Role: Prepared and delivered didactic classes for: Alzheimer's Association, early stage memory loss seminar group, people with depression, and caregivers. Developed and delivered a class on stress management. Provided individual counseling and resource referral. Fully participated in board and programming meetings.

**8/95 – 7/96** Administrative Assistant: Marianne Frostig Center (Pasadena, CA), aiding children with learning disabilities through K-12<sup>th</sup> grade day school, training, and research. Role: front-line staff for inquires for community resource identification and referrals, handled Center's summer program enrollment and room coordination, performed database management.

### TEACHING EXPERIENCE

### **University of Washington Tacoma:**

(Two courses per academic quarter, six per year, standard campus teaching load)

# **MSW Curriculum** (part-time, evening degree program)

- ▶ Human Behavior & Social Environment Micro (TSOCW 502): Fall 2006, 2007, 2008, 2010, 2011, 2012, 2013, 2014
- ► Human Behavior & Social Environment Messo/Macro (TSOCW 503): Winter 2007, 2009, 2010, 2012, 2013, 2014
- ▶ Direct Social Work Practice Skills (TSOCW 510): Spring 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014

#### **BASW Curriculum** (day degree program)

- ▶ Social Work Clinical Practice Skills (TSOCWF 310): Autumn 2007, 2008
- ▶ Social Work Clinical Practice Skills (TCOSWF 311): Winter 2007, 2009, 2010, 2011
- ▶ Diversity and Cultural Competency (TCOSWF 404): Spring 2007, 2008, 2009, 2015

#### **Undergraduate Curriculum**

▶ Interpersonal Effectiveness (TSOCWF 250): Autumn 2014 (hybrid)

**Field Placement Practicum Instructor**: UW School of Social Work MSW foundation year placement instructor 2005-2006 academic year.

**Teaching Practicum**: Master Level Research Methods Course: preparation of Qualitative Research Methods, Statistics, & SPSS lectures; UW School of Social Work Winter & Spring 2004.

- **Instructor of wellness classes:** Living the Four Agreements course, based upon Miguel Ruiz, M.D.'s book detailing cognitive-behavioral interventions within a social learning paradigm through a Native spiritual framework, at Evergreen Hospital's Community Health Education Department, four session course taught Jan. & June 2002.
- **MSW level Guest Lecturer**: Motivational Interviewing and Spirituality in Social Work Practice, at UW School of Social Work, Direct Practice Class (Dr. Rona Levy's), December 5<sup>th</sup>, 2001.
- **Continuing Education Lecturer**: Motivational Interviewing: Bridging Into Our Client's World, Northwest Nephrology Social Work Conference and Continuing Education, November 8<sup>th</sup>, 2001.
- **MSW level Guest Lecturer**: Motivational Interviewing in Research, at UW School of Social Work, Direct Practice Class (J'May Rivara's), 2000 and 1999.

#### **SERVICE**

#### UWT Social Work Program

- ▶ Social Work Program Faculty Council, 2014–2015
- Junior Faculty Third Year Review Committee Dr. Jeff Cohen, 2013
- ▶ Junior Faculty Third Year Review Committee Dr. Eric Madfis, 2013
- Lecturer to Senior Lecturer Review Committee Teresa Holt-Schaad, 2014
- ▶ Faculty Search Committee (Social Work National Lecturer), 2013–2014
- ▶ Faculty Search Committee (Criminal Justice Assistant Professor), 2012–2013
- ▶ Social Work/Criminal Justice Program Curriculum Committee, 2012–2014
- ▶ Social Work Program Management Team, 2008–2009; 2012–2013
- ▶ Committee on Merit/Salary Review & Annual Reports, 2013
- ▶ Practice Curriculum Review Committee, 2008–2009
- ▶ Program Faculty Work Load Course Scheduling Committee, 2008–2009
- ▶ Social Work Program Behavioral Review Committee, 2006–2009
- Curriculum Content Overlap Review Committee, 2006
- ▶ Decade Scholarship Review Committee, 2009–2011, (chair) 2013
- ▶ Summer Funds Grant Review Committee, Spring, 2012; (chair) 2013
- ▶ MSW EPAS and Curriculum Coverage Review Committee, 2012
- ▶ BASW EPAS and Curriculum Coverage Review Committee, 2012
- ▶ MSW Program Admissions Committee, 2006–2011

- ► MSW Program Admissions Reading Committee, 2012 2015
- ▶ MSW Program Admissions Selection Committee 2012–2014
- ▶ BASW Program Admissions Committee 2006–2015
- ▶ MSW Student Advisor 2006–present (~14 students annually)
- ▶ BASW Student Advisor 2006–present (~14 students annually)

### Campus & Tri-Campus University

- ▶ UWT Executive Council SW Program Representative, 2013–2015
- ▶ UWT Curriculum Committee (a Faculty Assembly Committee), 2012–2013
- ▶ UWT Founders Endowment Fund & Chancellor's Grant Fund Committees, 2006–2011
- ▶ UWT Chancellor's Fund Research Travel Grant Review Committee, 2010–2011
- ▶ UWT Arts and Lectures Committee, 2006–2011
- ▶ School of Social Work Undergraduate Program Committee, Seattle, 2008–2013
- ▶ Peer Teaching Assessment (2013: Drs. Alissa Ackerman & Laura Feuerborn, and Tarna Derby-McCurtain).
- ▶ UW Royalty Research Grant Proposal Reviewer, ad hoc 2013

#### Profession

- Council on Social Work Education, HBSE track conference abstract reviewer for 2007 & 2008 conferences
- ▶ Reviewer: Advances in Social Work, 2009–present
- Ad hoc reviewer: <u>Journal of Interpersonal Violence & Trauma, Violence, and Abuse: A Review Journal, Translational Behavioral Medicine: Practice, Policy and Research, and Psychology of Addictive Behaviors.</u>

### **Community**

- ▶ Leadership Team of Federal Way City Vision, 3/2010–2015. Founding member and Higher Education Liaison Board member for city-based community and coalition building non-profit organization that is bridging across faith, human service, governmental, community organizations, and other community stakeholders.
- ▶ Leadership Team of Reach Out Federal Way Winter Shelter, Fall 2008–2015. Reach-Out is a multi-organizational, community effort to provide shelter, food, and case management to local homeless.
- ▶ Lake Killarney Improvement Association board member, 2005— present. Serving as liaison to the City of Federal Way Parks Department and on the Lake Clean-Up Committee and Lake Killarney Days planning team.
- ▶ PhD methods dissertation committee member for Lynnette Hynden, 2011. Dr. Hynden evaluated the impact of the federal Neighborhood Stabilization Program (phase One)

within the City of Federal Way, analyses were wanted by city officials for future planning purposes.

- ► Fundraising & Mental Health Counseling for Pasado's Safe Haven (WA, 501c3) animal rescue team post Hurricane Katrina, September, 2005–2006.
- ▶ Volunteer co-facilitation of monthly grief and loss group at Seattle Center for Spiritual Living Church, 2000–2002.
- Association for Humanistic Psychology frequently hosted monthly local discussion group, 2000-2002. Aided with Annual National Conference, Bastyr University, Kenmore, WA, Summer, 2000.
- ▶ Community Consulting Project, organizational development practicum delivering free service to local non-profits Seattle, WA, 8/98–12/98.

# PROFESSIONAL MEMBERSHIPS

<u>Current</u>	Periodic But Not Current
National Association of Social Workers	Society for Social Work Research
Association for Contextual Behavioral Science	Society of Behavioral Medicine
Equine Assisted Growth And Learning	Society for Spiritual Social Work
Association	Council on Social Work Education
	Academy Health (Health Service Research Society)
	Association of Baccalaureate SW Program Directors
	WA State Society for Clinical Social Work