TELUS Health

Formerly known as MySSP, TELUS provides UWT students access to real-time, confidential mental health and crisis support, 24/7, and in multiple languages.

Need mental health support at 2:00 am?



Access using the QR code or call 1-866-743-7732.

Counselors are licensed mental health therapists who are familiar with UWT resources.

> PSYCHOLOGICAL & WELLNESS SERVICES (PAWS) UNIVERSITY of WASHINGTON I TACOMA