

# The Effects of Culture on the Perception of Parenting Styles

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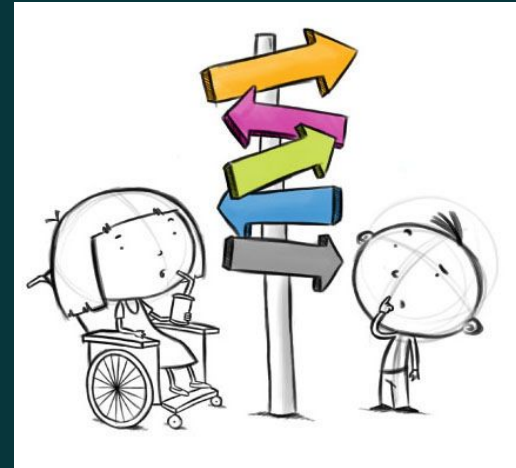
## Good Parenting?



*Let's imagine...*

# What are parenting styles?

- Diana Baumrind's original categorization
- Permissive, Uninvolved, **Authoritarian**, **Authoritative**
- Differences in warmth and guidance



# Authoritarian parenting: Experiences and outcomes

Childhood Experiences	Adulthood Outcomes
Lack of warmth	Social incompetence
Corporal punishment	Adverse physical health outcomes
Discouragement of communication	Underdeveloped communication skills
Unreasonable boundaries	Difference in brain development

# Cultural non-significance of parenting styles

- Baumrind's original participant sample
- Parenting styles are not culturally significant and cannot shift between cultures
- Adjustment to culture



Adolescents view parenting differently based on the culture they are growing up in

(Sorkhabi & Mandara, 2013)

# Lack of diversity leading to bias

- Bias seen in research, leading to bias in other areas:
  - Researchers
  - Parenting professionals
  - Parents
- Continuation of stereotypes
- Need for education and awareness

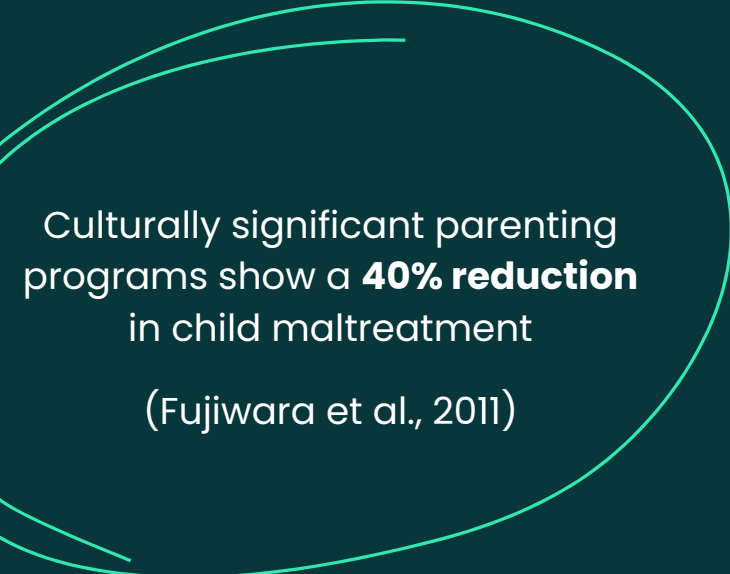


# What does help?

- Culturally significant parenting programs
  - Culturally significant teaching
  - Partnering with parents

## Local Resources

- Positive Parenting Program
- Help Me Grow WA.: [helpmegrowwa.org](http://helpmegrowwa.org)



Culturally significant parenting programs show a **40% reduction** in child maltreatment

(Fujiwara et al., 2011)

**Culturally significant parenting isn't about choosing one parenting style over another; it's about recognizing that every child develops best when cultural wisdom is honored.**