

This capstone project is about a bibliometric analysis of food combinations and metabolic health. Search was conducted in the Web of Science database in July 2026, effectively filtering out irrelevant noise and got 253 target articles. VOSviewer and Notebook LM were utilized to analyze the records. Notebook LM helped categorize articles into three categories. Those are overall patterns, component combinations, and dietary habits. This categorization allows papers to be ranked by topic alignment. Furthermore, VOSviewer visualization helped clarify which words should be prioritized when categorizing research papers. For future work, it is recommended to verify the appropriateness of the article selection process by human reviewing each of the papers.