

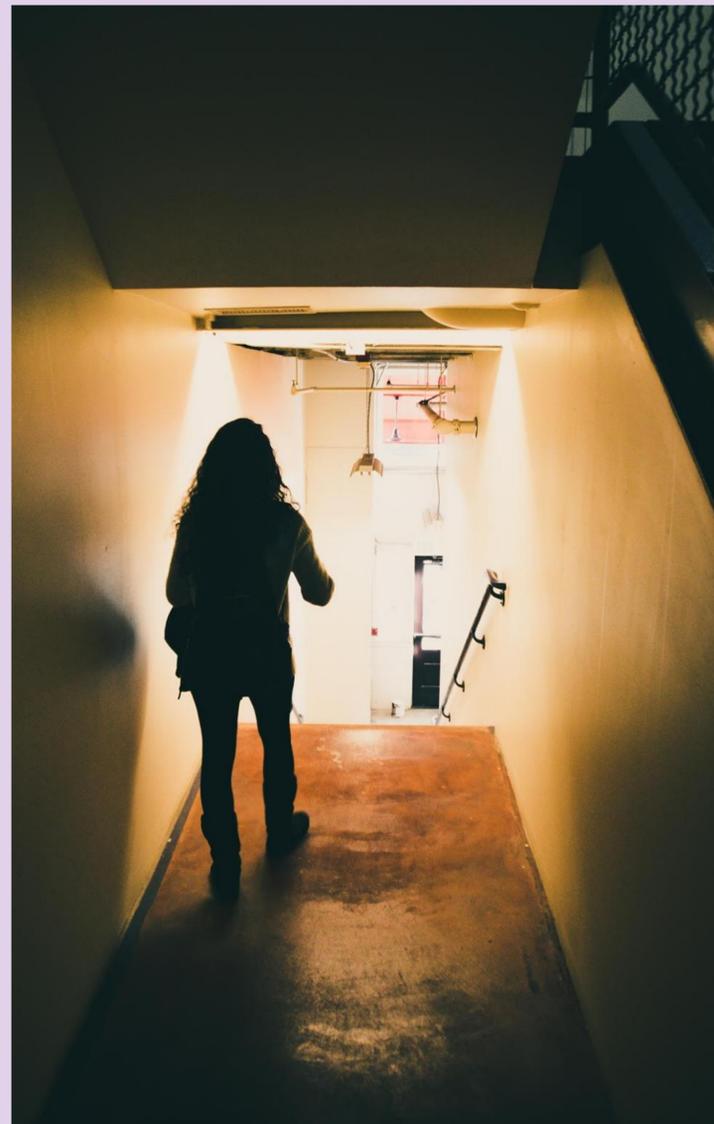
# Loneliness and Isolation

## Avoiding Each Other

As students have spare time in between classes, little space is created to bring students together. As this picture shows the discomfort within space and communication. Students resort to their cell phones, as they'd rather be talking with someone farther away than the faces right next to them.



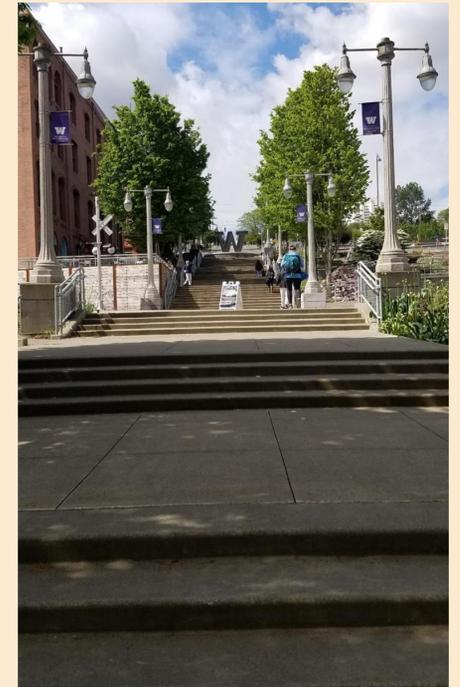
## Wandering Alone



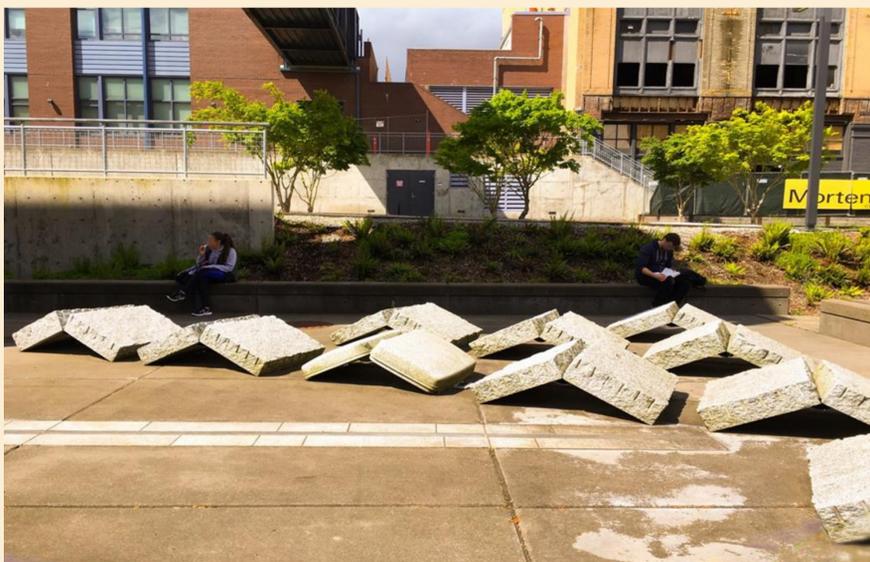
Wandering around the school alone is a common experience for UWT students. A challenge facing UWT students is building a sense of community and a new social circle in a school with such a diverse population. Some new students may sit next to a classmate who is old enough to be their parent, and it takes some adjusting. Many ultimately decide to go it alone, and spend their time on campus wandering with headphones in, avoiding social interaction. Students who need greater social connection and support on this campus may be challenging and even damaging to their well-being and success and they may drop out.

## Lonely Journey to Success

The steps to our future don't have to be traveled alone. Here at UWT, we can create a community built on helping each other reach our goals. This picture not only captures the beauty of our UW campus, but also how lonely the journey to success can be.



## Eating Alone



This picture represents the challenges we have at UWT in regard to building community. This was taken during the lunch hour, and I found it really interesting because of the students' body language; they are facing away from one another. A problem that we have at UWT is a lack of a common eating space. We don't have a cafeteria so students must eat out or go home for lunch.

## This Distance Between All of Us



When you look at these people, do they seem close to one another? Technology and social media have been huge factors in why people are so disconnected, even with people sitting right beside them. A lack of spaces for socializing on campus also enhances this problem. More community spaces might bridge the distance between us.