Congressional Internship Opportunity in Congressman Denny Heck’s Thurston and Mason County District Office
Lacey, WA

Congressman Heck Currently Seeking Applicants for Congressional Internship Positions:

Candidates should have an interest in the legislative process and civic service, possess excellent writing and communication skills, and work well as part of a team.

About the Internship:

An internship in my office provides a great opportunity for students to learn first-hand how our government works. Interns learn about the legislative process, as well as the operations of a Congressional office.

Internship opportunities are offered throughout the fall, winter, spring and summer. Although all internships are unpaid, students gain invaluable work experience. Additionally, my office is happy to assist interns who qualify for academic credit. The hours are flexible to accommodate personal schedules.

Interns may perform a variety of duties including: general office work such as answering phones, greeting constituents and visitors and writing letters. Interns may also be assigned to assist constituents on personal matters involving federal agencies (case work) or to work on District-based projects.

Applicants must submit an internship application packet, letter of interest and resume to the following address via regular mail or email to:

Congressman Denny Heck
Attn: Holly Coe
420 College Street SE, Suite #3000
Lacey, WA 98403

Or Email: Holly.Coe@mail.house.gov

To obtain an internship application packet or for further information, please contact the Internship Coordinator, Holly Coe by phone at (360) 459-8514 or by email at Holly.Coe@mail.house.gov.