Internship Opportunities

Fall: September- December
Winter/Spring: Jan-May
Summer: June-August

Interested applicants should contact Katherine.Pecora@mail.house.gov

Congressman Denny Heck’s Lacey District Office is currently seeking full – or part – time interns. interns may perform a variety of duties, including general office work such as answering phones, greeting constituents and visitors, and writing letters. In addition, interns may be assigned to assist constituents on personal matters involving federal agencies (case work) or to work on District-based projects. Ideal candidates will have a meticulous attention to detail, strong writing skills, an ability to work in a fast-paced environment, and an enthusiasm for the political process and congressional operations.

Internships are unpaid but can serve as a first-step towards a career on in public service. The office is happy to assist interns who qualify for academic credit. Internships typically last 3-5 months.

Interested applicants should send a resume, cover letter, two references, and work availability with the subject line “District Internship” to Katherine Pecora at Katherine.Pecora@mail.house.gov. Applications are reviewed on a rolling basis.